



Belly Band Materials: Items needed

- White thread for stitching Velcro and top stitching belly band
- Flannel material - a yard and an eighth of fabric will make 8 to 12 belly bands depending on the length of the bands
- Denim material – non stretch
- Velcro ¾” wide
- Parchment or tissue paper for pattern

Sizing

Pattern Measurements	Estimated Fit	Finished Belly Band Length
6” wide by 22” long	Baby	21”
6” wide by 25” long	Baby – small 2 year old	24” Second most requested size
6” wide by 28” long	Age 2 - 5	27” * Most requested size
6” wide by 30.5” long	Age 6 – small 10	29”
6” wide by 33” long	Age 10 and above	32”

Instructions

Cut Velcro into 5” strips

Because denim shrinks so much, if you can before cutting, rinse the denim fabric in plain water in the washer and dry on the hottest setting to shrink material.

Cut material into strips

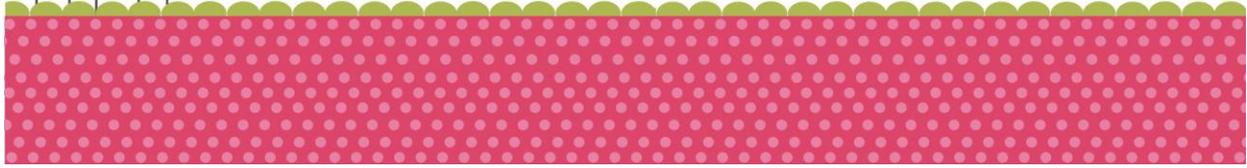
Sew Velcro 1 ½” from end and each side (soft side of Velcro to nice side of flannel, rough side of Velcro to nice side of denim).

See picture 1 on the following page.



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For a template: I made a paper strip 6" long by 1½" wide and marked on the strip 1½" in from each side. I put this on the end of each fabric strip to show me exactly where to put the Velcro. I use a measuring gauge to make sure the bottom of the Velcro is straight and 1½" in from each side.

Reinforce the Velcro by back stitching each end.

If the fabric design has a one way design, sew the Velcro on the right hand side. If you don't, your design will end up upside down when completed.

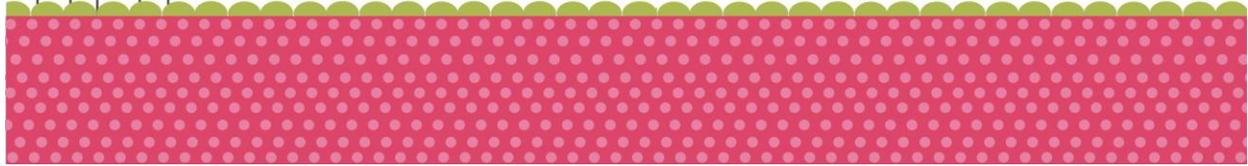
Put the fabric strips together, nice sides facing each other with the Velcro on opposite ends. See picture 2.

The end with the Velcro sewn to the flannel, round the corners. See picture 2 on the following page.



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Sew the two pieces together $\frac{3}{8}$ " from the edge. At the square end, sew $\frac{5}{8}$ " from edge but leave the middle open enough to pull the inside out. See picture 2 above.

Cut the corners of the square end. Put slits in the rounded corners. See picture 2 above.

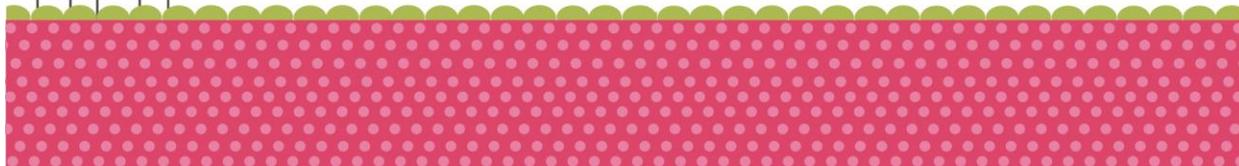
Pull the material from the inside out.

Top stitch the outside $\frac{1}{4}$ " from edge all the way around. See pictures 3 below and 4 on the following page.



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Divide the belly band into three sections. For a finished 27" band – sew a straight line 9" in from each end. See picture 5 below.



Congratulations! You have now finished one belly band!