



3020 Children's Way
San Diego, CA 92123
858-966-4032
858-966-5854 (fax)

Parent Consent and Physician Authorization For Management of Diabetes at School and School Sponsored Events

Pupil: Cecily Judith Ackerly


DOB: 3/7/2009

1. **Blood Glucose Testing:** as needed
 - When she is tired or acting lethargic or any behavior out of the norm for Cecily
2. **Routine Care of Hypoglycemia When Below 70:**
 - Assistance for all lows
3. **Care of Hyperglycemia:**
 - No concerns if less than 300 mg/dl.
 - If >300 mg/dl call mother
5. **Insulin at School:** None
6. No restrictions to diet or method of feeding directed by parent.

Physician Authorization In School

My signature below provides authorization for the above written orders and the instructions for Blood Glucose Results at School. I understand that all procedures will be implemented in accordance with Education Code Section 49423.5. I understand that specialized physical health care services may be performed by unlicensed designated school personnel under the training and supervision provided by the school nurse. This authorization is for a maximum of one year.

Electronically Signed by:
Dr. C. Demeterco, Lic# A98629
Provider Name/Lic#



Provider Signature

4/23/2014
Date

Any concerns please call
Dr. Demeterco directly at
858-966-4032 - ask to speak to Dr. Demeterco

Pupil: Cecily Judith Ackerly

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**Instructions for Blood Glucose Results at School
Check Blood Glucose**

Blood Glucose Below 70

1. Give fast acting sugar source (see below) with a protein/fat containing snack. Options include: Peanut butter sandwich or crackers and milk.

| Fast Acting Sugar Sources (15 gms Carbohydrates) | |
|--|--|
| <ul style="list-style-type: none">• 3-4 glucose tablets• 15 gm. Glucose gel• ½ cup sugared soda• ½ cup orange juice | <ul style="list-style-type: none">• ½ cup apple juice• ½ cup grape juice• ½ tube cake mate gel• 3 tsp. sugar (in water) |

2. Observe for 10-15 minutes.
3. Retest blood glucose, if less than 70 repeat sugar source/snack at the same dose. If over 70 continue regular nutrition an monitoring
4. Notify school nurse if two or more episodes occur in one week - at that time parents would be notified

If Student Becomes Unconscious, Seizes, or is Unable to Swallow:

1. Call 911
2. Turn student on side to ensure open airway
3. Give glucose gel to gums - 15 gram tube to gumline
4. Notify school nurse and parents

Blood Glucose 70-300

1. If student feels OK, may resume school activities.
2. If the student does not feel OK, retest blood glucose immediately and follow above plan

Blood Glucose Above 300

Call parent

If at any time student vomits, become lethargic, and/or has labored breathing CALL 911.

Electronically signed by:
Dr. C. Demeterco, Lic# A98629
Provider Name/Lic#



Provider Signature

4/23/2014
Date